

“Our centers consistently see excellent results with iLS with regard to attention and learning problems. iLS works at a neurological level so it’s a great complement to the behavioral, cognitive and medical approaches we use at Hallowell Centers... Even the best therapy only works if you actually stick with it, so the fact that iLS is not only effective, but is fun and can be done at home, makes it extremely appealing.”

*Edward Hallowell, MD, Harvard Medical School faculty, child and adult psychiatrist, author and ADHD expert.*

## Dreampad™ Intrasound Technology

Calming music travels to the user’s internal ear from bone conductors embedded in the Dreampad™ pillow. The process stimulates the body to “rest and digest”. Helpful for relieving symptoms related to mental stress, trauma, sleep difficulties and anxiety stemming from sensitivity. Deep, refreshing sleep prepares the brain for learning and working.



## Integrated Educational Consulting™

Accessible Adaptable Affordable



## Integrated Educational Consulting Ltd.

**Pippa Olivier**

B.Sc. (Hons), B.Ed. SETS.

**Meryl Olivier** B.A. Psych

### Services offered:

Integrated Listening Systems'™  
Device Sales

iLS Program Implementation Support

The Safe and Sound Protocol

B-Level Educational Assessments

Specialist Tuition & Remediation for all

types of learning challenges

All Kinds of Minds™

Teacher Professional Development

Tel & Fax: **250-586-3686**

Cell: **250-667-6243**

Email: [pippa.olivier@shaw.ca](mailto:pippa.olivier@shaw.ca)

Visit us on the web:

[integratededucationalconsulting.ca](http://integratededucationalconsulting.ca)

All images with permission by Integrated Listening Systems

  
dreampad™  
sound you can feel™



**iLS**  
INTEGRATED  
LISTENING SYSTEMS

improving  
cognitive skills  
communication  
processing  
concentration  
memory &  
organization

## How does iLS therapy work?



iLS Listening Therapy programs effectively “re-trains” parts of the brain involved in learning, communication and movement. Combining an auditory listening program with specific cross-hemispheric, visual tracking and balance activities, strengthens neurological pathways and improves the ability to learn and process sensory information.



iLS Focus 60 or 30 System for Home Program use

## What equipment do I need ?

Therapeutic music is delivered via a customised air and bone conduction system which includes:

- iPod pre-loaded with 5 programs of high quality processed music (filtered & gated)
- Amplifier to power air and bone conduction headphones
- High quality headphones customised with bone conductor for vagal massage
- Balance board and visual tracking kit
- A “Playbook” of therapeutic activities

## Who can benefit from iLS therapy?

iLS is proven to benefit persons with challenges in:

- Learning skills: listening, reading, handwriting
- Cognitive skills: auditory processing, concentration, working memory & executive function
- Sensory integration and motor coordination
- Paying attention (Attention Deficit Hyperactive Disorder)
- Over or under reactivity (self-regulation, behaviour)
- Social cognition (Autism Spectrum Disorders)
- Stress-related sleep and digestive problems
- Anxiety & Post-Traumatic Stress Disorder

## How long is the iLS Home program?

Programs are **customized** to address a client’s needs:

- 5 programs, 40-60 sessions each (200 hours +)
- Each session is 60 mins (or 2 x 30 min) a day
- Recommended frequency of 3-5 times a week
- Balance, breathing, fine and gross motor, cross-hemispheric, & visual tracking activities are integrated for 15-20 minutes of each session
- Quiet activities for remaining 45 minutes listening



Integration Kit includes a balance board, Playbook (visuals of activities), bean bags, and swing ball

## Evidence Based Therapy



Cross-midline activities strengthen neurological pathways

## iLS Focus 30 School Programs

Suitable for **RTI Tier I through Tier III** students:

- Rapid improvement in core functional skills, reducing long-term costs of remediation
- Includes staff training, support & equipment
- Flexible enough to fit with school’s schedule
- 3 programs, 80 half hour sessions each, 4-5 times a week (completed in one semester)
- May be monitored by para-professionals
- Immediate replacement of equipment, if needed, and ongoing web-based training
- Includes access to secure online iLS **Measure of Foundational Abilities** Portal:
  - ◆ tracks child’s progress in real time from measurable, valid data
  - ◆ gathers feedback from teachers, consultants, parents, EAs in 10 mins
  - ◆ produces progress reports for IEP reporting with graphics and visuals